

# Breaking Barriers In History

## Choosing a Category

See Contest Rule Book for detailed category rules and examples

<https://www.nhd.org/sites/default/files/Contest-Rule-Book.pdf>

CATEGORY	STUDENTS Individual or Group	TITLE PAGE word count	PROCESS PAPER 500-word limit	ANNOTATED BIBLIOGRAPHY	WORD LIMIT STUDENT COMPOSED	MEDIA	CITING SOURCES	ADDITIONAL COMMENTS
<b>Exhibit –</b> <i>Do you find yourself doodling on the sides of your notes? Do your friends come to you for creative advice? If you answered yes to those questions, exhibit is the category for you!</i>	Individual or 2-5 students	Yes	Yes	Yes	500	Total clips cannot exceed 3 minutes	All quotes and images must be credited on the board and in the annotated bibliography.	The size limit on an exhibit is 40 inches wide, 30 inches deep, and 6 feet tall. Can include images, maps, and other visual primary sources!
<b>Website –</b> <i>Do you love working with the latest technology? Do your friends come to you for technical advice? If you answered yes to those questions, website is the category for you!</i>	Individual or 2-5 students	Yes	Yes	Yes	1,200	Total clips cannot exceed 4 minutes	All images, film, and music used must be credited on website and in the annotated bibliography.	You must create your website on NHD platform. No more than 100MB of file space for entire site, including all multimedia. Include word count on home page.
<b>Documentary –</b> <i>Do you find yourself critiquing every movie you watch? Do you love to tell stories using imagery and sound? If you answered yes to those questions, documentary is the category for you!</i>	Individual or 2-5 students	Yes	Yes	Yes	N/A	Cannot exceed 10 minutes	All images, music, and film must be credited at the end of your documentary and in your annotated bibliography.	Introduce yourself. State title and name before playing documentary.
<b>Performance –</b> <i>Do you love being the center of attention? Do you enjoy speaking in front of a crowd? If you answered yes to those questions, performance is the category for you!</i>	Individual or 2-5 students	Yes	Yes	Yes	N/A	Performance cannot exceed 10 min. Media allowed.	All quotes and ideas must be credited in your annotated bibliography.	Costumes, set, props can be bought or made. <b>Simple is best!</b> Introduce yourself. State title and name before performing.
<b>Paper –</b> <i>Do you best express yourself through writing? Do you prefer writing over speaking in front of a crowd? If you answered yes to those questions, paper is the category for you!</i>	Individual	Yes	No	Yes	1,500 – 2,500	N/A	All quotes and ideas must be credited in your paper and annotated bibliography.	– Traditional Paper – Poems – Fictional Diaries